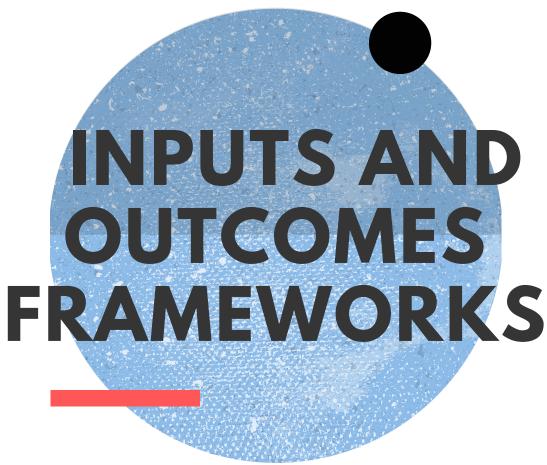
### Comisiwn Bevan Commission

#### **CAAI METHODOLOGY**

IN ACTION



organisations, adoption site teams METHODOLOGY and led by the

Rich, N. and Chilvers, R.

FIRST EDITION

## **About this Toolkit**

The Connecting for Adoption and Adaptation of Innovation (CAAI) methodology Toolkit brings together guides, frameworks and How To resources. CAAI was developed for leaders and innovation/improvement/research leads in health and care organisations or networks that work over a large geographical area or for services that look after a sizeable population.

When running a support programme, there are often benefits from economies of scale, and this toolkit puts forward guides which are best applied to a number of innovations and/or adoption sites at the same time. This means that there are opportunities for peer learning and sharing experiences from different care settings and work contexts. Greater benefit may be observed when this can take place across organisations or wider networks, especially within health and care systems supporting 3 to 5 million people.

This guide is one of four that has been developed as part of the CAAI Methodology Toolkit and authored by a team from the Bevan Commission, working closely with Professor Nick Rich, Swansea University. For more information, please visit our online resources at bevancommission.org/caai-methodology.

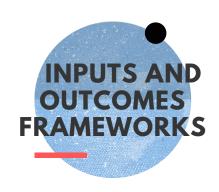
Authors and Acknowledgements for this guide: Professor Nick Rich and Dr Rupa Chilvers with support from Siôn Charles, Helen Howson and Johanna Brown all as part of the Bevan Commission team working with our Associates, Dr Simon Carroll (independent researcher), Dr Natasha Bradley (independent researcher), Dr Lauren Barr and Eleanor Shaw (editorial support), and Katie Shelley (illustrator).

## **About this Guide**

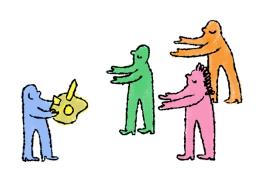
There are two underlying conceptual frameworks supporting the CAAI methodology (inputs and outcomes) and these are described in this guide. To support the application of the framework, examples are given on how it can be used as part of the Four Steps, and a video is used to support this guide.

#### **Contents**

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# The people involved



Innovators are part of the team that developed the innovation and are passing it on because it is known to work. They may or may not be working with a team.



Adopters (usually working with their teams) at the practice level have seen the benefit of the innovation and want to make it work in their Adoption Site.

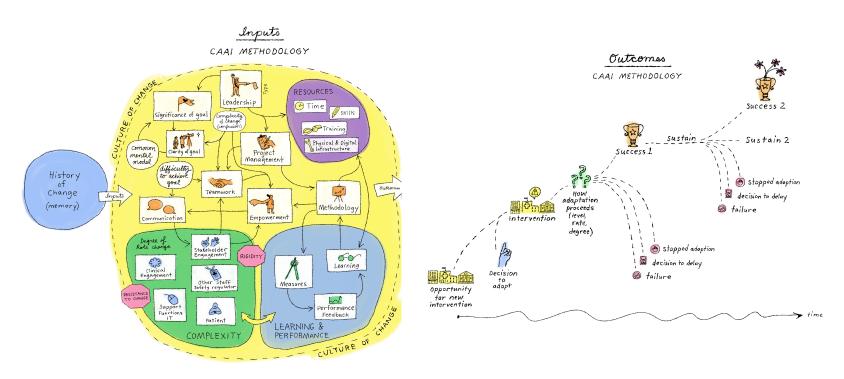
Working with multiple adoption sites helps maintain the momentum for the spread of innovation.



Leads work in the establishments and entities including networks who are seeking the benefits from the innovation and want to increase the likelihood of successful uptake.

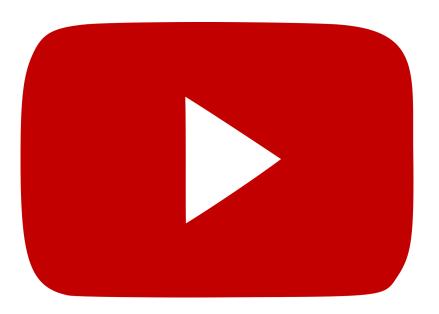
## Introduction

An inputs framework helps make sense of what an organisation or network needs to consider to support adopters and innovators. An outputs framework helps to show whether innovations have been successfully taken up or abandoned. Together they form the basis of the support that is needed for success and outcomes that are tracked when supporting adoption of innovation.



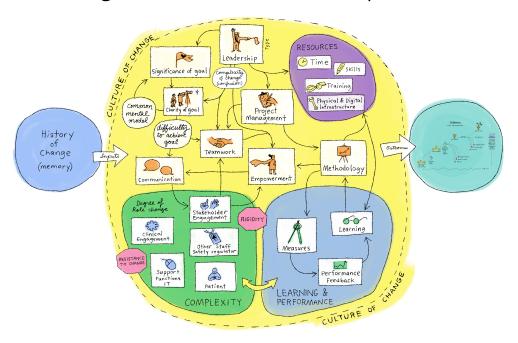
## Watch online

Here is a <u>short video</u> to give you a quick explanation of the outcomes framework and the organisational inputs framework.



# Inputs

The culture of change in an organisation or network is influenced by a number of building blocks used to facilitate the successful adoption and adaptation of innovation. The building blocks are shown here inside the yellow (dashed circle). By providing supportive spaces, structured activities and with the involvement of key partners, all the building blocks can be brought together for people participating in adoption and adaptation of innovation. These frameworks are for people taking up a particular innovation and in a specific care or service setting/context, referred to as adoption sites.



Examples of how the inputs framework is used in a support programme

History of Change

(memory)

**1.** This is a focus area at the start of the programme, with tools such as the A3 Chart to support initial planning.

RESOURCES P Time

Project Management

Empowerment

LEARNING &
PERFORMANCE

RIGID

teamwork

Stakeholder Engagement

Other Staff Safety regulator

Patient

COMPLEXITY

Communication

Support Functions IT Training

Physical & Digital
Infrastructure

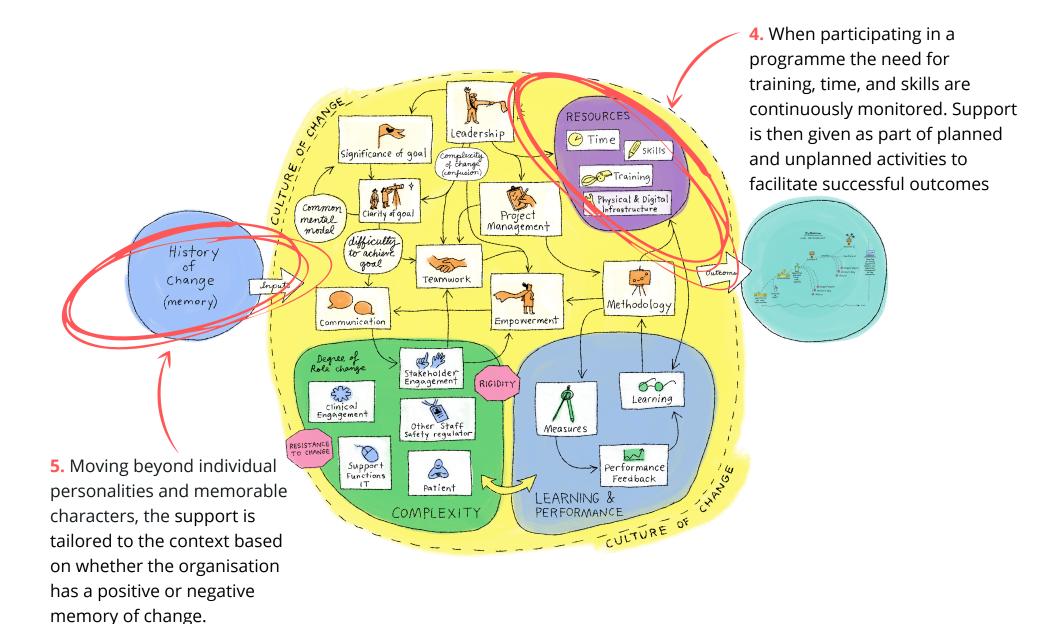
Methodology

50

-CULTURE (

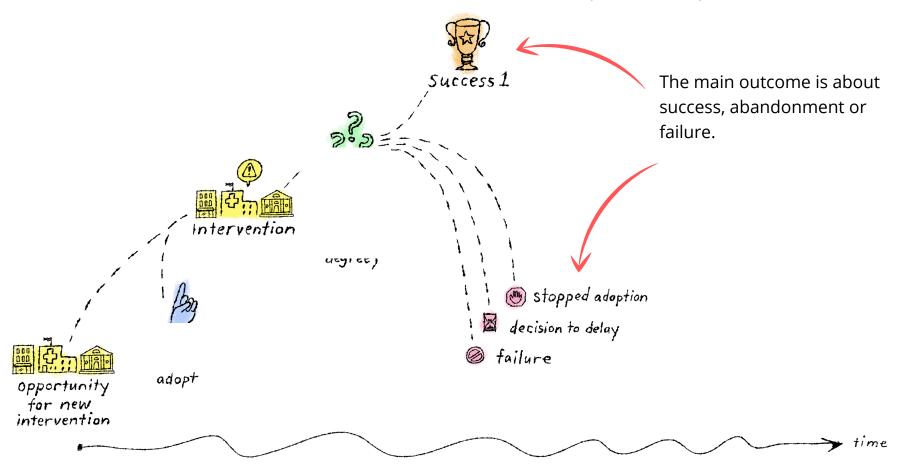
2. Participants are supported to communicate the innovation, coach colleagues on how it can be used in the organisation, and bring on board team members and stakeholders. The extent to which this support is needed is based on the complexity and degree of change required for the innovation to be successful in a care setting.

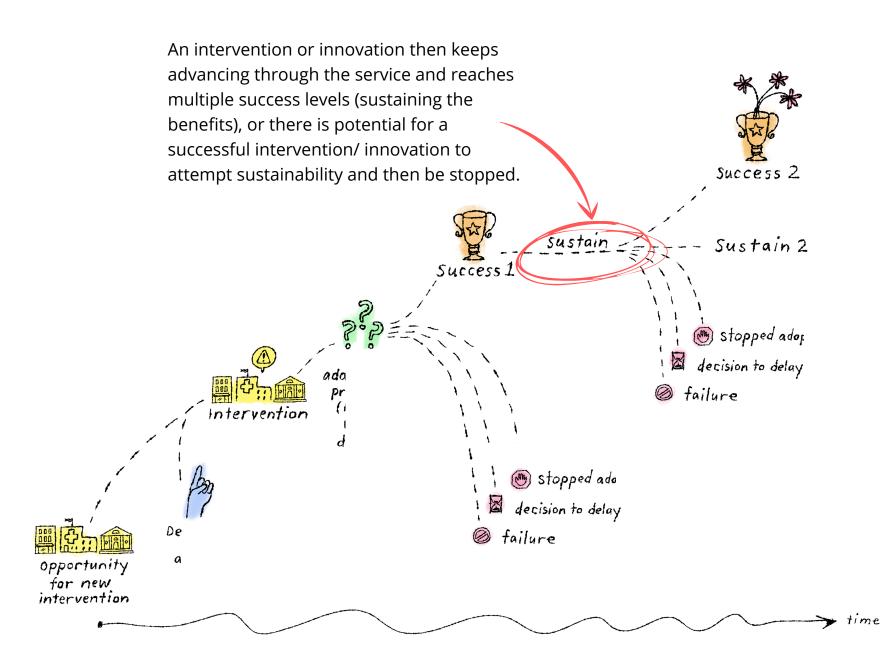
3. Finding ways to measure and collect enough data is important. Otherwise, the scope of the project will expand simply to gather more data and not be of benefit to anyone. The How to Measure resource can be used here.

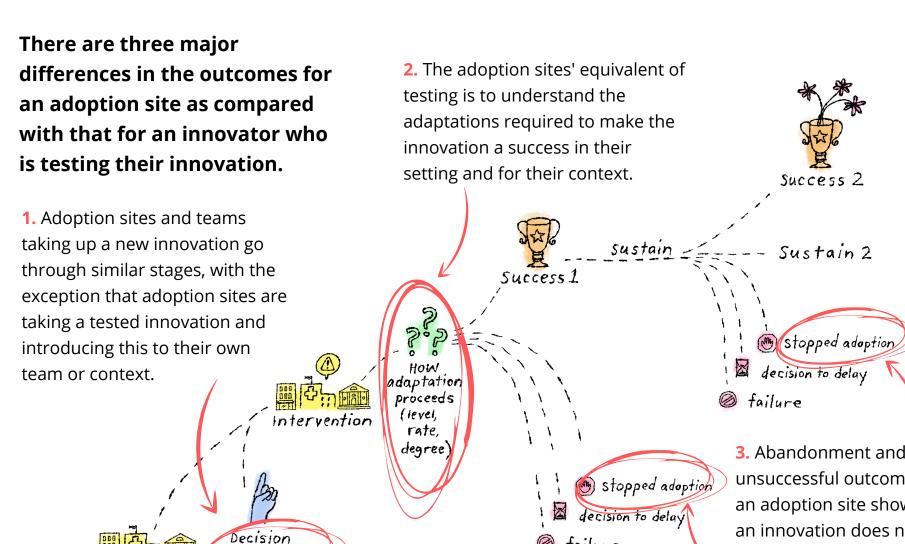


## **Outcomes**

Expected outcomes when adopting an innovation are broadly the same for an innovator and an adopter. When considered in the CAAI methodology, the focus is on benefits realisation when successful adoption takes place.







adopt

opportunity

for new intervention unsuccessful outcomes for an adoption site show that an innovation does not work in that setting. It is important that the learning is used for future adoption sites.

Success 2

Sustain 2

stopped adoption

failure

4. The reporting focuses on how adoption and adaptation has been achieved. In the case of adoption sites, the focus is on moving through the stages from introduction, the uptake of the innovation at practice level, and measuring how many people have/could have benefitted. Learning from the first few adoption sites can influence cess 2 future development or introduction of similar innovations. sustain Sustain 2 Reporting Success 1 on closina support for adoption and stopped adoption adaptation management decision to delay for the adaptation innovation proceeds failure (level. Intervention rate, degree) stopped adoption decision to delay Decision failure adopt opportunity for new intervention 5. There is a timeframe where resources can be allocated and

5. There is a timeframe where resources can be allocated and support can be put into place and there is also a limited time in terms of the attention that can be given to new interventions.

# Printable resources

#### **INPUTS**

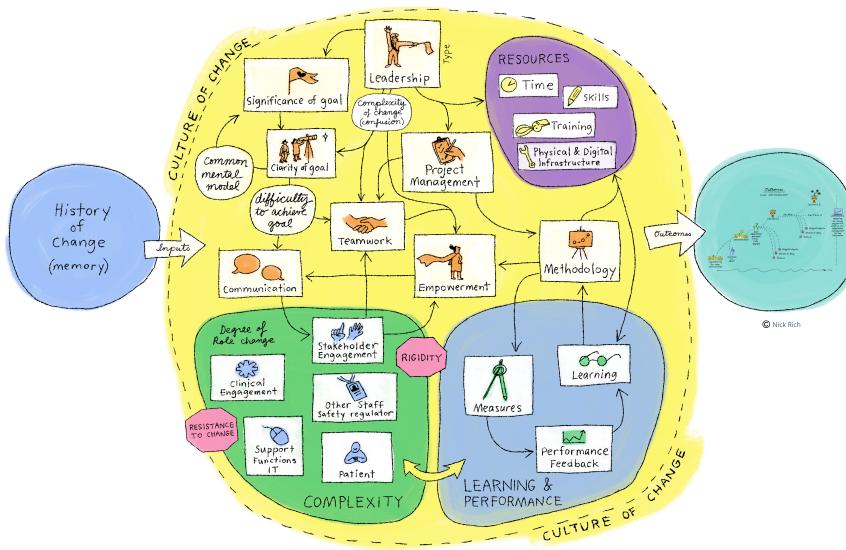
A conceptual framework for the CAAI Methodology

#### **OUTCOMES**

A conceptual framework for the CAAI Methodology

# INPUTS AND OUTCOMES FRAMEWORKS

# Inputs CAAI METHODOLOGY

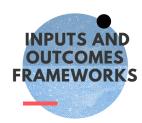


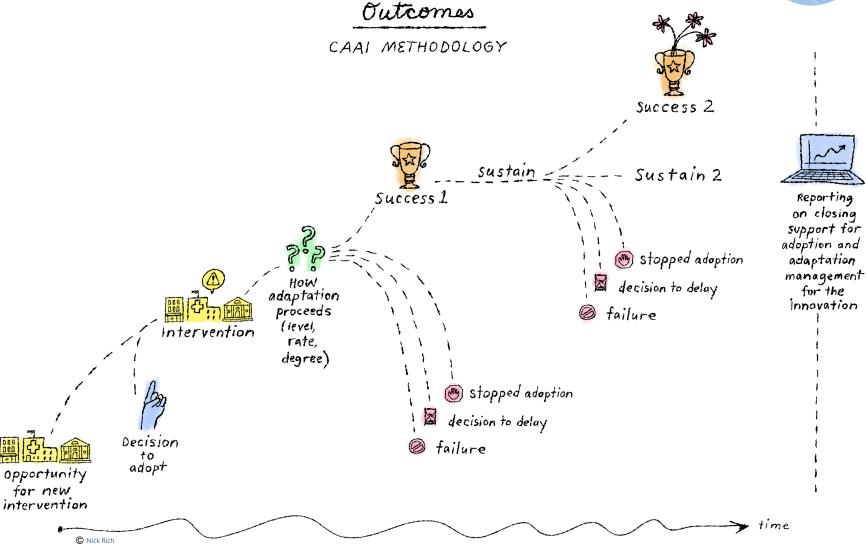
Print and use this framework to plan the support you and your partners can give to adopters

and innovators in your organisation or as part of your network (best as A3 print).

PART OF THE CONNECTING FOR ADOPTION AND ADAPTATION OF INNOVATION METHODOLOGY TOOLKIT

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working in your organisation or as part of your network (best as A3 print). Print and use this framework to plan the support you can give to people

# Go to the next guide



# Toolkit, how to, and online resources

bevancommission.org/caai-methodology

**Guide 1. Getting Started** - covering some of the definitions and main concepts that are important for applying the CAAI Methodology.

**Guide 2. The Four Steps** - a step-by-step guide, from selecting the innovation, to providing support, and showcasing the learnings.

**Guide 3. Inputs and Outcomes Frameworks** - an overview of the evidence-informed conceptual frameworks important for increasing the likelihood of successful uptake.

**Guide 4. Supportive Spaces** - detailed information on how to design and manage a physical/digital space and structured activities to support the innovation adopters and their teams.

**Resource 1. How to Box up your Innovation** is for innovators and people who work with them. It will help bring together the information that adopters need to get started and use during the introduction and uptake of the innovation in their context.

**Resource 2. How to complete the A3 Project Chart** is for each adoption site to use, and is completed at the beginning and at each key stage of the project.

**Resource 3. How to complete a swim lane** supports the use of the A3 Project Chart, and follows a guided exercise on representing the current (as is) and future (redrawn) sequence of work.

**Resource 4. How to Measure Change using the 'Rich Layer Cake'** is for innovators and adopters to help select the right types of measures, and work through the lessons that can guide implementation.

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